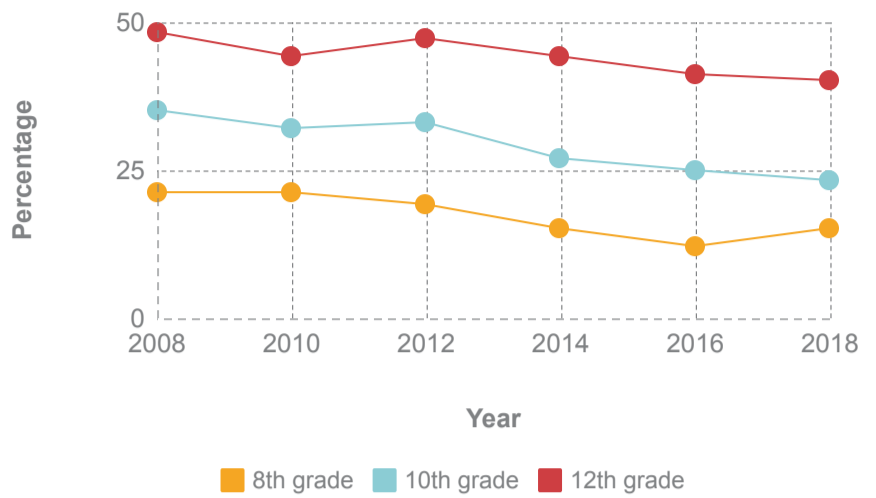


Usage Summary

According to 2018 IYS Data:

- During 2018, nearly one quarter of teens reported some alcohol use in the past 30 days.
- While rates have continued to fall over time, 2018 marked a sharp uptick in usage rates among Illinois 8th grade youth.
- Binge drinking is slowly but steadily declining across all age groups in Illinois, most notably among seniors.

Past 30 Days Alcohol Use



Youth Perceptions

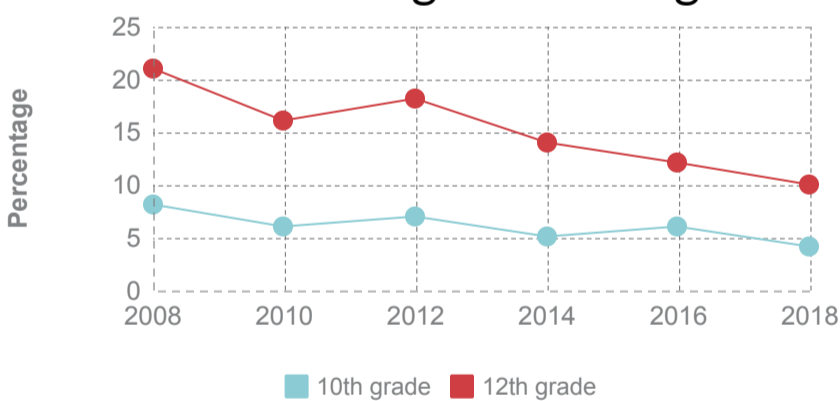
1 in 3 teens believe there is at least some chance they will be seen as cool if they begin drinking regularly.

7 in 10 seniors overestimate the percentage of their classmates who have used alcohol in the past month.

Teens' perceptions have a deep impact on their actions. When teens believe that more of their friends are using substances such as alcohol, it can affect their decision making about whether or not to use it as well. Among all surveyed grades, social sources are the most common type of access to alcohol for teens, with the most popular single source of alcohol being friends. It is critical to understand what youth believe about teenage alcohol use.

Drinking and Driving

Teens Who Reported Drinking and Driving



Drinking and driving is the most deadly and pervasive consequence of alcohol use. It can injure or kill not only those responsible but others in the car and innocent drivers as well. While rates of drinking and driving among Illinois youth have been declining, a quarter of high school seniors reported riding with a drunk driver or driving drunk in 2018. This means that **one in four high school seniors is at direct risk of a drunk driving accident.**

How Can Parents Help?

3 in 4 teens have had conversations with their parents about the danger of driving drunk and riding with drunk drivers in the past year.

4 in 5 teens say there are clear rules about drug and alcohol use in their household.

Parents can affect their teens' alcohol use both positively and negatively. Some parents may choose to have lax rules or even provide alcohol to their teens, while others enforce clear rules and choose to educate their teens on the risks and facts about using alcohol underage. However, more and more parents are choosing to have responsible conversations with their teens about using alcohol, including the dangers that come with driving under the influence.

For more information, visit iys.cprd.illinois.edu or follow us [facebook.com/CPRDIYS](https://www.facebook.com/CPRDIYS)